



**Grade 1**  
**School Supply List for 2023-2024**

**During the year classroom teachers may request additional items.**

**PLEASE UNPACK YOUR CHILD'S SUPPLIES FROM THEIR ORIGINAL PACKAGES. SEND THE SUPPLIES TO SCHOOL IN A LARGE PLASTIC BAG WITH YOUR CHILD'S NAME WRITTEN ON THE BAG.**

- 10 duotangs (2 green, 2 blue, 2 red, 2 yellow, 2 black) **Do not write your child's name on these.**
- 1 plastic duotang (any colour)
- 6 white erasers **Do not write your child's name on these**
- 2 Hilroy ½ blank ½ interlined exercise book **Do not write your child's name on these**
- 2 Hilroy dotted interlined exercise book **Do not write your child's name on these**
- 25 HB pencils (Dixon) **Please sharpen at home**
- 10 small Elmers brand glue sticks **Do not write your child's name on these**
- 1 package of large Ziplock bags (27cm x 28 cm) **Do not write your child's name on these**
- 1 package of sandwich bags **Do not write your child's name on these**
- 1 highlighter (yellow)
- 3 boxes of Kleenex.
- 5 items for our prize box such as little games, bouncy balls, small toys etc. (The items for the prize box can be purchased at the Dollar Store.) **Do not write your child's name on these**

**\*Please put your child's name on these items only or they may not be returned at the end of the year.\***

\*Headphones with case (the type that fit over their head – the earbuds do not fit in their ears)

\*1 pair of scissors (If your child is left handed, send left handed scissors please)

\*3 packages of 24 Crayola crayons

\*1 package Mr. Sketch Markers

\*1 whiteboard (8 x 12)

\*2 Expo whiteboard markers (chisel tip)

\*1 backpack big enough to fit a large library book

\*1 pair indoor running shoes (velcro, white sole) **No Lace Up Runners Please**

\*1 plastic pencil boxes (snap-shut lid) 21 cm X 13 cm

\*1 soft fabric pencil case

\*1 non-spill water bottle (suggested brand is Contigo brand or one with a straw)

**School Fees:**

The preferred method of payment for the above fee is credit card via SchoolZone.

**Lunch Fees:**

Annual lunch fees are \$15.00 per student per month (\$150.00 per year) or \$2.00 per student per occasional drop in. Lunch and eating utensils are provided from home. The monthly lunch fee payment is due by the 5<sup>th</sup> of each month.

**Field Trips Fees:**

The maximum fee amount for field trips is \$200 per student per school year depending on the number of field trips students attend. Each field trip will be posted to your child's fee sheet, when applicable, on SchoolZone. Payment is due when the fee is posted to your child's fee sheet prior to the fieldtrip.

**\*\*\*Please see attached pages for more information and how to help prepare your child for grade one!**

# Preparing Your Child for Grade 1

Grade 1 is a pivotal year for your child. He/she will be at school for an entire day. We will work on developing academic and social skills but there are some skills students will need before the first day of school in order to feel confident and successful. These are the necessary skills for your child to know before coming to school in September.

Establish bedtime before the beginning of September. Students will be at school for a full day and will need to have a good night's sleep. Grade 1 age children should have 10 to 11 hours of sleep. Here is a link to an excellent article about sleep routines. <https://raisingchildren.net.au/school-age/sleep/understanding-sleep/school-age-sleep>



Teach your child to put on their jackets, snow pants, gloves and toques on their own. Set a 2 minute timer for them to get dressed and undressed. Practice frequently at home with a timer. They need to know how to do and undo zippers, buttons, and laces. Make it into a game and see if they can beat their time each time.



Teach your child to eat lunch from a lunch box by themselves. Practice at home many times so that your child knows how to open containers or ziploc bags, and finishes lunch independently within 15 minutes.



Teach your child to put their books into their backpacks. Many students do not know how to hang up their backpack. They also do not know how to use the many sections in their backpacks, or how to turn the books so they fit into their backpack.



If you choose for your child to wear a face mask, please teach them to wear it without touching it or playing with it.



Please practice these skills until your child is competent and does not need any reminders or help.