

## <u>Grade 1 Cogito</u> <u>School Supply/Fee List for 2023-2024</u>

\*\*\* All supplies are required for the first day of school. \*\*\* During the year classroom teachers may request additional items

1	
1	473 ml BOTTLES OF HAND SANITIZER ( <u>minimum 60% alcohol-based</u> ) (PLEASE LABEL)
4	Hilroy ½ Blank, ½ Interlined Exercise Books
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5	White Erasers (wrapping removed)
24	STAEDTLER Norica 13246 HB 2 Pencils (PLEASE SHARPEN AT HOME)
1	Crayola Wide Tipped Markers (Box of 16) Unscented (PLEASE LABEL BOX)
2	Boxes of 24 Crayola crayons (PLEASE LABEL BOX)
2	Red Marking Pencils (PLEASE SHARPEN AT HOME AND LABEL)
1	Highlighter (yellow) (PLEASE LABEL)
6	Large Elmer's Washable SchoolGlue Sticks (PLEASE LABEL EACH GLUESTICK)
14	Plastic duotangs (2 each of Red, Purple, Navy Blue, Yellow, Green, Black, and Orange) DOLLAR STORE DUOTANGS CANNOT HOLD OUR YEAR'S WORK.
1	Box of Tissue
1	Fiskars Children's Scissors, 5 inch, pointed (PLEASE LABEL)
1	Plastic Pencil Box (Snap-shut lid) 22cm X 13 cm (PLEASE LABEL)
1	Computer Headphones (PLEASE REMOVE PACKAGING AND PUT INSIDE A LARGE ZIPLOC BAG AND LABEL)
1	Box of Large OR Medium Ziploc Bags (PLEASE LABEL)

STUDENT WILL ALSO REQUIRE A LARGE BACKPACK AND INDOOR RUNNING SHOES (NON-MARKING AND NO BLACK SOLES). PLEASE SEND VELCRO FASTENING SHOES.

## SCHOOL FEES:

The preferred method of payment for school fees is credit card via SchoolZone.

<u>Cogito Fees</u>: The Cogito Enhancement Fee is in the amount of \$40.00 per child, per school year. The maximum fee amount for field trips is \$200 per student, per school year depending on the number of field trips students attend. Each field trip will be posted to your child's fee sheet, when applicable, as well as the enhancement fees. Payment is due when the fee(s) is/are posted.

<u>Yellow Bus Passes</u> (if eligible; student must reside in the transportation boundary): Monthly Passes are \$38.00 per month per student and will be posted to your child's fee sheet. Payment is due by the 5th of each month. Monthly bus passes are not prorated.

<u>Lunch Fees</u>: Lunch fees are \$15.00 per student per month (\$150.00 per year) or \$2.00 per student per occasional drop in. Lunch and eating utensils are provided from home. The monthly lunch fee will be posted to your child's fee sheet. The monthly lunch fee payment is due by the 5th of each month.

## How to Prepare Your Child for Grade 1

Grade 1 is a pivotal year for your child. He/she will be at school for an entire day. We will work on developing academic and social skills but there are some skills students will need before the first day of school in order to feel confident and successful. These are the necessary skills for your child to know before coming to school in September.



**Establish bedtime before the beginning of September.** Students will be at school for a full day and will need to have a good night's sleep. Grade 1 age children should have 10 to 11 hours of sleep. Here is a link to an excellent article about sleep routines. <u>https://raisingchildren.net.au/school-age/sleep/understanding-sleep/school-age-sleep</u>

**Teach your child to put on their jackets, snow pants, gloves and toques on their own.** Set a 2 minute timer for them to get dressed and undressed. Practice frequently at home with a timer. They need to know how to do and undo zippers, buttons, and laces. Make it into a game and see if they can beat their time each try.





**Teach your child to eat lunch from a lunch box by themselves.** Teach them to eat the main meal first, then the fruit or treats. Practice at home many times so that your child knows how to open containers or ziploc bags, and finishes lunch independently within 15 minutes.

**Teach your child to put their books into their backpacks**. Many students do not know how to hang up their backpacks. They also do not know how to use the many sections in their backpacks, or how to turn the books so they fit into their backpack.





If you choose for your child to wear a face mask or a face shield, please teach them to wear it without touching it, removing it, or playing with it. These will not be provided at school unless there is a change in regulations.

Please practice these skills until your child is competent and does not need any reminders or help.